

Dental Update

Autumn 2004

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This Change Is Something To SMILE ABOUT!

Many smiles in North and South Carolina have been cared for by Dr. David Kuhn and his team. This growth has created the need for expansion. Dr. Kuhn and team members are pleased to announce the Southern Pines dental office of Dr. Walter Morris, Jr. will join them January 2005.

At that time, Dr. Kuhn and Dr. Morris will provide comprehensive care as a unified team in an expanded office at Dr. Kuhn's current location. Currently, suite H of 1902 North Sandhills Boulevard is undergoing renovation and expansion to combine the adjoining suite. This new space will continue to provide exceptional dentistry in a spacious environment featuring the latest in technology and comfort.

About Dr. Morris & His Team:

Dr. Walter Morris, Jr. completed undergraduate education at UNC-Chapel Hill and received his dental degree from the UNC School of Dentistry, where he served on staff before entering private practice in Southern Pines.

Staying current in all new advances in his field, Dr. Morris regularly pursues continuing education. He is a member of the Sandhills Dental Study Club, the American Dental Association and North Carolina Dental Society.



About The Office Expansion & Renovation:

Targeted for December 2004 completion, the expanded setting will comfortably and efficiently continue individualized patient care for both Doctors. Dr. Kuhn worked personally with contractors to design a relaxing atmosphere for skilled care and the latest technology.

Treatment suites are equipped with IntraOral cameras and computer monitors for improved patient education and participation in treatment decisions. Laser Dentistry technology joins voice-activated computerized charting and CEREC III ceramic restoration unit (for one-appointment crowns and inlays). "Today's dental environment should be attentive to one's needs from the moment they walk in the door," states Dr. Kuhn. "Each visit should be a pleasant experience, which is how this new interior has been designed."

A CRACKED Tooth?

Symptoms, Causes & Solutions

A cracked tooth can occur from a variety of causes. Some include:

- ◆ Grinding or clenching of teeth
- ◆ Uneven chewing pressure
- ◆ An accident, such as a blow to the mouth
- ◆ Tooth exposure to extreme hot or cold
- ◆ Chewing hard items such as ice or hard candy
- ◆ Teeth that have become brittle

A crack in teeth is often invisible to the eye and may not even show up in an X-Ray. However, the pain typically occurs when you bite down and feel a sharp pain. Other symptoms include sensitivity to heat, cold, sweet, sour, or sticky foods.

Small cracks in teeth are not uncommon and typically do not cause problems. However, it is important to keep us aware of oral symptoms you are experiencing that may indicate a problem. The sooner the problem is repaired, the sooner you'll regain your healthy, comfortable smile!

Laser Dentistry

Imagine treatment that causes no bleeding, reduces numbing requirements, and performs gum recontouring or tissue repair with precision and speed.

The DioDent Laser gives precision therapy of oral tissue, including gum recontouring, bacteria removal, uncovering implants, repair of oral ulcers, and other tissue related procedures.

The laser is able to pinpoint specific areas for treatment, minimizing disruption to healthy areas of teeth and gums. Typically, healing time is also reduced. The laser can even heal cold sores almost immediately.



Extreme Smile Whitening

White, gleaming teeth create a more attractive, youthful smile. Teeth can now be dramatically whiter with ultimate results. **EXTREME WHITENING** begins in our office with a safe gel that leads to amazing results far beyond standard in-office whitening systems!

For an example of Extreme Whitening, visit www.KuhnDentalAssociates.com and check out the **Smile Gallery**.

Long Teeth & Exposed Roots

Does your smile make you look older than you really are (or want to look)?

Sometimes gum recession causes tooth roots to become exposed, making teeth look long. This recession can happen as a result of a variety of causes, including periodontal disease. Whatever the reason, exposed roots are unappealing and create risk for developing cavities.

Several procedures are available to cover exposed roots, reduce further gum recession and protect vulnerable roots from decay. Please ask about these at your next visit.

Dr. Kuhn Completes Advanced Training For "Extreme Makeover" SMILES

The hit ABC TV show, "Extreme Makeover," has created a national sensation among viewers eager to undergo life-changing transformations of their own. Many of the selected candidates discover the most dramatic change to their appearance is through a smile makeover.

Cosmetic dentistry has become an increasingly popular way adults can experience improved appearance, self-confidence, and self-esteem. To support patients seeking this level of esthetic enhancement, Dr. David Kuhn has completed a 6-day course on advanced dental aesthetics, culminating into nearly 50 hours of extensive training. The training was held in Nevada at the LVI Institute for Advanced Dental Studies, one of the nation's most prestigious training facilities in advanced dentistry.

The techniques taught also incorporate methods to restore the patient's natural bite to an accurate level. The result is an appealing smile that promotes good health and improved well-being overall.

This advanced training provided Dr. Kuhn with the clinical ability that very few dentists in the nation are able to offer. "Our practice is fully committed to staying in the forefront of dentistry," Dr. Kuhn states. "This course is another way to provide results that are beyond patient expectations."



September 2004:

Dr. Kuhn and team members Pat Newsome and Liz Womack attended *Practical Occlusion In The Progressive Practice*, September 1-3, at the renowned LVI Institute for Advanced Dental Studies in Nevada. When teeth are in proper alignment, facial muscles and jaw joints function harmoniously. Neuromuscular occlusion establishes the overall bite position at an accurate level, which promotes good health and improved well-being. Through this training, the intricate aspects that combine smile appeal with joint health and muscle relaxation are incorporated into treatment planning.

August 2004: Dr. Kuhn completed a 12-hour course on new developments in *Implant Dentistry*. Held in Winston-Salem and sponsored by Dental Implant Associates of North Carolina (DIANC), this covered the latest on regenerating bone and gum tissue to sufficiently support dental implants. This is often needed for those who have been missing natural teeth for an extended time.

"Today's implant dentistry can overcome virtually any challenge relating to tooth loss," states Dr. Kuhn. *"Regaining the ability to chew, laugh and speak without worry is well within reach for all adults."*

Dr. Kuhn has been highly active in DIANC for over 25 years, holding various offices including that of President.

MORE Advanced Training

August 2004: Dr. Kuhn and his entire team completed an update on the use of Nitrous Oxide. The 7-hour course was conducted by the Southern Regional Area Health Education Center, an affiliate of the Duke University Medical Center.

Specific areas addressed were the use of *Nitrous Oxide* in conjunction with other forms of sedation. Dr. Kuhn was joined by team members Mary Beth Burrows, Shelby Decker, Danielle Hagerty, Amanda Kuhn, Pat Newsome, Leisa Thomas, Markie Thomas, Liz Womack, and Renate Yow.

May 2004: Dr. Kuhn and team members also attended "Enteral Conscious Sedation", an 18-hour course on the latest in anesthesia and pain control for dentistry. The course was held at Chapel Hill's Center for Continuing Education and was presented by Baylor College of Dentistry.

The extensive training also addressed office medical emergencies and utilizing the latest in monitoring and airway management.

New Patients Always Welcome

Dr. Kuhn and his staff are always happy to welcome new patients. We appreciate your recommendations to others. Thank you for sending new smiles our way!